

The Review

January 2013

Lincoln Property Company Toy Drive a Huge Success



The tenants and employees of Lincoln Property Company have donated 47 boxes of toys to needy, abused and disadvantaged children at DC Safe Shores, Brock Bridge Elementary, and Meade Middle School. The toy sorting took place on Tuesday, December 18th in the afternoon and deliveries were made on Wednesday, December 19, just in time for holiday cheer.

Rebecca Diehl of Lincoln Property, who helped pack the gifts, said, "People really seemed to put in a lot of

thought this year, especially in considering teenage children, as we got some great games for that age group and even make-up kits for the older girls."

DC Ushers in New Year With Antiques, Cycle Shows

The **2013 Washington Winter Show** runs from January 11 - 13 and takes place at the Katzen Center at American University, 4400 Massachusetts Ave., NW. This is an annual antiques show that donates profits from sales to local charities. The show will run on Friday & Saturday from 11 am - 8 pm and on Sunday from 11 am - 5 pm. This year's theme is "The Thrill of the Chase: Antiques of the Sporting Life." Forty-five top antiques dealers will have period decorative arts and furniture for sale. The loan exhibit entitled "Sporting Pastimes: Art and Objects of Leisure" will feature decorative arts from the National Sporting Library and Museum in Middleburg, VA. These objects will span the 17th through the 21st centuries. Admission is \$20.00. For more information, please see www.washingtonwintershow.com.

The **DC Motorcycle Show** runs from January 4th through the 6th and takes place at the Washington Convention Center at 801 Mount Vernon Place. The hours of the show are Friday 4-9 pm; Saturday 9:30 am - 8 pm; and Sunday 9:30 am - 5pm. The show will feature a wide range of motorcycles, a stunt show, and the latest in motorcycle gear and apparel. Admission is \$15.00 for adults; \$6.00 for children 6 - 11; children 5 and under are free, and you can save \$2.00 by buying tickets online.

Martin Luther King Jr. Day Events, Service Opportunities

Though the Inauguration coincides with Martin Luther King Jr. Day this year, the weekend of the 19th, 20th, and 21st will still afford opportunities to honor the memory of a man who fought for freedom and worked tirelessly to serve others. To commemorate this, in 1994 Congress turned MLK Jr. Day into a national day of community service. Many local charities will be opening their doors for the flood of volunteers that will undoubtedly ensue. HandsOn Greater DC Cares – an organization whose purpose is to organize volunteers and strengthen nonprofits – will be spearheading the community service efforts this year with volunteer events to benefit education, soldiers and veterans, and local causes like food banks and elderly homes.

Please see http://www.greaterdccaes.org/HGDCC_MLK_General to find out how you can help, or come up with your own way to give back to your community!

In addition to honoring MLK's legacy with service, many parades and other festivities will occur in the region. The DC MLK Jr. parade will be held on Saturday, January 19th at 11am starting at Martin Luther King Jr. Avenue SE. Also called the Anacostia parade/peacewalk, this parade will feature the Ballou Marching Band and representation by many of DC's ethnically diverse communities. Baltimore will host their MLK parade on Monday, January 21st at noon starting at Martin Luther King Jr. Boulevard. The Baltimore parade will include everything from marching bands to equestrian units and civic organizations. Furthermore, MLK's legacy will be celebrated at many DC monuments like the Washington National Cathedral, the Lincoln Memorial, and of course the new Martin Luther King Memorial where the National Park Service will be available all weekend to discuss MLK's achievements in civil rights and more. A wreath will be placed at his memorial in observance of his birthday as well.



Recipe Box

Sausage and Lentils with Fennel

Cultures worldwide have considered certain foods lucky for centuries. For many people, the start of the New Year is welcomed with grapes, cooked greens, legumes, pork, fish, and cake that symbolize wealth and prosperity. This hearty recipe includes some of the luckiest components.



Ingredients:

- 1 cup dried lentils (preferably French green lentils; 7 ounces)
- 4 1/2 cups cold water
- 1 1/2 teaspoons salt
- 1 medium (3/4-pound) fennel bulb (sometimes labeled "anise"), stalks discarded, reserving fronds
- 3 1/2 tablespoons olive oil
- 1 medium onion, finely chopped
- 1 carrot, cut into 1/4-inch dice
- 1/2 teaspoon fennel seeds
- 1 1/4 pounds sweet Italian sausage links
- 3 tablespoons chopped fresh flat-leaf parsley
- 1/2 teaspoon black pepper
- 1 tablespoon red-wine vinegar, or to taste
- Extra-virgin olive oil for drizzling

Directions:

Bring lentils, water, and 1/2 teaspoon salt to a boil in a 2-quart heavy saucepan, then reduce heat and simmer, uncovered, until lentils are just tender but not falling apart, 12 to 25 minutes.

While lentils simmer, cut fennel bulb into 1/4-inch dice and chop enough fennel fronds to measure 2 tablespoons. Heat 3 tablespoons oil in a 3- to 4-quart heavy saucepan over moderate heat until hot but not smoking, then stir in onion, carrot, fennel bulb, fennel seeds, and remaining teaspoon salt. Cover pan and cook, stirring occasionally, until vegetables are very tender, about 10 minutes.

Meanwhile, lightly prick sausages in a couple of places with tip of a sharp knife, then cook sausages in remaining 1/2 tablespoon oil in a 10-inch nonstick skillet over moderately high heat, turning occasionally, until golden brown and cooked through, 12 to 15 minutes. Transfer to a cutting board.

Drain cooked lentils in a sieve set over a bowl and reserve cooking water. Stir lentils into vegetables with enough cooking water to moisten (1/4 to 1/2 cup) and cook over moderate heat until heated through. Stir in parsley, pepper, 1 tablespoon vinegar, and 1 tablespoon fennel fronds. Season with vinegar and salt.

Cut sausages diagonally into 1/2-inch-thick slices. Serve lentils topped with sausage and sprinkled with remaining tablespoon fennel fronds. Drizzle all over with extra-virgin olive oil.

Unique Occasions Start Baltimore's Year Off Right

Baltimore is notorious for its quirky events throughout the year. January 2013 is no different with **Gertrude's 10th Annual Krautfest** from 6pm to 9pm on January 11th and 12th. Tickets for this event are \$40 and normally sell out. Gertrude's is located inside the Baltimore Museum of Art and has been a Baltimore main-stay of "Chesapeake cuisine" since 1998. The Krautfest celebrates Eastern European heritage with live polka music and a buffet of traditional foods like kielbasa, pierogies, and a cash bar.

Baltimore celebrates **the grand opening of the new Everyman Theatre** from January 14th until the 20th. The festivities will begin with a ribbon cutting ceremony on the 14th and continue with dedications of public performances, "pay what you can" nights, and the grand opening gala on January 19th. The Everyman Theatre houses a company of local artists and strives to be a "sustainable organization that supports its artists and stake holders by producing a dynamic and engaging repertoire and offering it at affordable prices." For more information on the new theatre and events surrounding the opening, please visit www.everymantheatre.org.

Redskins Party Like it's 1999

On Sunday, December 30th, the Redskins met up with rival Dallas Cowboys for the first time since the Thanksgiving match-up which they won 38—31. After what was primarily a running game, the Skins pulled out a 28—18 win for the NFC East title. This will be the first time the Redskins have made the play-offs since they won a wildcard spot in 2007, and the first time they've topped the NFC East since 1999. On Sunday, January 6th at 1:30pm, the Skins will kick off against the Seattle Seahawks in a battle of the rookie quarterbacks that will determine their respective play-off destinies.



Washington Wizards January Schedule

Friday the 4th versus Brooklyn Nets—7:00pm

Sunday the 6th at Miami Heat—6:00pm

Monday the 7th versus Oklahoma City Thunder—
7:00pm

Saturday the 12th versus Atlanta Hawks—7:00pm

Wednesday the 16th at Sacramento Kings—10:00pm

Friday the 18th at Denver Nuggets—9:00pm

Saturday the 19th at Los Angeles Clippers—10:30pm

Monday the 21st at Portland Trail Blazers—10:00pm

Wednesday the 23rd at Utah Jazz—9:00pm

Friday the 25th versus Minnesota Timberwolves—7:00pm

Saturday the 26th versus Chicago Bulls—7:00pm

Monday the 28th versus Sacramento Kings—7:00pm

Wednesday the 30th at Philadelphia 76ers—7:00pm

